<table>
<thead>
<tr>
<th>TERM THREE 2016</th>
<th>DIARY DATES</th>
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<tbody>
<tr>
<td>Assembly 9:00am</td>
<td>Friday 9th September</td>
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<tr>
<td>STARS Footy Day Activity</td>
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<tr>
<td>Footy Lunch Day</td>
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<tr>
<td>Trivia Night</td>
<td>Saturday 10th September</td>
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<tr>
<td>Level 5-6 Phillip Island Camp</td>
<td>Tuesday 13th September</td>
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<tr>
<td>Prep Incursion - Toys 9:00am - 1:30pm</td>
<td>Wednesday 14th September</td>
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<tr>
<td>Level 5-6 Phillip Island Camp</td>
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<tr>
<td>Level 5-6 Phillip Island Camp</td>
<td>Thursday 15th September</td>
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<tr>
<td>Level 3-4 Sovereign Hill Excursion 9:00am - 11:00pm (approximately)</td>
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<tr>
<td>Prep-4 Free Basketball Clinic 4:00pm</td>
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<tr>
<td>Level 5-6 Phillip Island Camp</td>
<td>Friday 16th September</td>
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<tr>
<td>Assembly 2:15pm</td>
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<tr>
<td>Junior Choir Performing at assembly</td>
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<tr>
<td>LAST DAY OF TERM 3</td>
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<td>SCHOOL DISMISSED AT 2:30pm</td>
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<tr>
<td>PUPIL FREE DAY - NO STUDENTS AT SCHOOL</td>
<td>Monday 3rd October</td>
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<tr>
<td>TERM 4 COMMENCES</td>
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<tr>
<td>Division Athletics</td>
<td>Friday 7th October</td>
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<tr>
<td>BoomTec Meeting - Level 4 area 7:30pm</td>
<td>Wednesday 12th October</td>
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<tr>
<td>Region Athletics</td>
<td>Thursday 13th October</td>
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<tr>
<td>Assembly 9:00am</td>
<td>Friday 14th October</td>
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Tinternvale Primary School
Tintern Avenue, Ringwood East 3135. P.O. Box 179 Bayswater 3153
Phone: 9720 1215 Fax: 9720 8923 E-mail: tinternvale.ps@edumail.vic.gov.au
www.tinternvaleps.vic.edu.au
Before and After School Care: 0413 242 876
Principal’s Comment

What a busy time it has been over the past few weeks. Our swimming program is now complete and the students did a fabulous job. They organised themselves each day and participated enthusiastically in their lessons. Not only do these lessons teach the students vital swimming skills, it is also an opportunity for them to learn important organisation and time management skills.

Last Friday our prep students welcomed their Dads to a Father’s Day Breakfast. This was a great opportunity for students to let their Dads know how much they are loved and appreciated. Many of our Dads are not able to visit the school very often due to work commitments, so the early start enabled more to come along.

Today our 1/2 students welcomed family and friends to see the wonderful work they have been doing as part of their space inquiry unit. The students completed a quiz with their visitor and then made a Comet.

Yesterday the 3/4 students presented their Invention Convention. Lots of family and friends, as well as all other students in the school, went along to see all the amazing inventions by the 3/4 students. There were 3D models, posters, video explanations and even business cards for each stall.

Tonight our 5/6 students have their opportunity to showcase what they have been working on this term. Tonight at 6pm they will present Night of the Notables in the Gym. The students chose an inventor or scientist who had a big impact on society. They researched and will be presenting information about them. Other students in the school will have the opportunity to visit their displays later today.

A huge thank you to our wonderful teachers who enable all of these engaging activities to happen and thank you to the parents who are able to attend and encourage our students.

Trivia Night

This Saturday night is our Trivia Night. There are still some seats that have not been paid for. Please pay at the office as soon as possible. Kris D and her team have done a fabulous job organising what will be a fun night. There are loads of silent auction items and our trivia master is all ready to go.

For more Tinternvale news don’t forget to check out the school Facebook page and our newly updated website at http://www.tinternvaleps.vic.edu.au/

Jo
02 September 2016

Student of the Week!

PrepA  Caleb H
PrepB  Vaishna S
PrepC  Marten G
1/2A   Kazato T
1/2B   Hollie McG
1/2C   Madelyn McC
1/2D   Mikaylee B
3/4A   Joshua S
       Nicholas C
3/4B   Madison E-M
       Kimberly I
3/4C   Jamie S-S
       Zienna G
5/6A   Amy McL
5/6B   Lachlan M
5/6C   Chloe B
Japanese Amaia C
       Isobel M

Phys Ed
Music  Billy H 3/4B
       Lulu G Prep C

Art    Archie G
       Riley G
       Mason C

TRIVIA NIGHT INFO

❖ Arrive at 7:00pm for a 7:30 start
❖ 80’s themed, so please dress up - there will be prizes for best dressed
❖ Bring heaps of money!! (especially gold coins)
❖ BYO Nibbles and drinks
Phys Ed/Performing Arts News

Jogger’s Club
Despite the colder conditions, Jogger’s Club continues to be really well attended and we are making terrific progress on our way around Australia. We have so far jogged 1462 km this year and a total of 6837 km since we started this journey. We are currently about 200 km from Darwin on the large map in the gym. Keep up the great work everyone!

Morning Movers
There is a dedicated group of between 30 to 40 students who are at Morning Movers each week and really enjoy skipping, dancing, jumping, jogging and generally being active to start their day. So far this year we have moved for approximately 21,725 minutes, which is around 362 hours! Keep on moving everyone!

Simon Datson

ALL GIRLS FOOTBALL GALA DAY

On Tuesday the 6th of September, 18 Year 5/6 girls participated in an all girls Football Gala Day. We all had an amazing time running around in the nice warm sun, everyone got into the games and enjoyed the day - especially the tackling! We all got a fair go on the field and we kicked many goals. The bus ride home was very noisy because of the great singing and it was a great way to end the day! We played 4 games; we won 1. By the end of the day we were all exhausted and a little sunburnt. We would all like to thank Mr Datson for organising the day and also the parents for cheering us on.

Ella W and Maddie K
Swimming Week

Level 1 and 2 kids went on a bus to Aquanation. It was a big place with lots of water slides and swimming pools. When we got there we took our uniforms off (we had our bathers underneath) and went to our swimming groups. Sometimes we did freestyle, torpedo, backstroke and swam under the noodles doing our torpedoes. We also went on the play area and dived for rings. Going on the big blue waterslide was fantastic fun and very exciting. If you lie back you can go really fast. Everyone had a turn on the blow up obstacle course and some people wore lifejackets, it was slippery.

Riley said, “I learnt about safety. You can go on your tummy when you are saving someone and throw a kickboard out to them and say kick on your back and they will come back to the wall or you can pull them in with a noodle”.

Aleia said, “I learnt that you always have to go in the water with an adult. We made a current and when you get into the pool you have to hold onto the wall and turn around and face the water.”

By Riley K and Aleia

TAKE IN-TAKE OUT

At Tinternvale, we support environmental issues. To encourage awareness of rubbish production and to reduce waste, all students will TAKE IN-TAKE OUT. This means that any waste from snacks and lunches will be placed back in lunchboxes instead of classroom rubbish bins and taken home. Along with our NUDE FOOD lunchboxes, we should have a decrease in the waste produced at school.

Thanks for you cooperation,

The Environmental Team.
Maths Challenge

Colour the shapes that are cut in half.

3 - 6

Place 4 coins on this grid in such a way that no two are in a line—that is, no two are in the same row, or in the same column or diagonal with each other.

Answers for last week

P - 2 3 - 6

Cindy could have:

a) two 20-cent coins + six 5-cent coins;

b) one 20-cent coin + three 10-cent coins + four 5-cent coins; or

b) six 10-cent coins + two 5-cent coins.
We have some spare Tea Towels for sale.

$15.00 each or two for $25.00

Come into the office or phone if you wish to purchase any.

Don’t forget student banking every Tuesday. If you are not already joining in student banking, information is available from the Ringwood East Bendigo Bank.

Junior Rockers runs instrumental music lessons right here at school. To find out all about our music lessons, head to our website. From there you can check which instruments are available at your school, get up to date pricing and apply for lessons online.

www.juniorrockers.com

Rather chat in person? We’d love to speak to you.

Call us on 1300 60 ROCK (1300 60 76 25)

Swimming and Water Safety Lessons at Wantirna Swim School. Enquires: 9762 8333

Fit’n’Fun Families @ Action Indoor Sports Ringwood. Ph: 9779 4777

Raising Mighty Boys online course. Register at www.parentingideasclub.com.au/info/2016-courses

Kids Fun Run With Thomas - Sunday 9th October at Gembrook Puffing Billy Station. Visit www.kidsfunrunwiththomas.org.au to register

Spin to Win Gymnastics Australia - Come and Try events @ Aquanation. Register at gymnastics.org.au/spintowin

Croydon Little Athletics Centre Information Day. Saturday 10th September, 9am-11am Croydon Little Athletics Track, Nortons Road, Croydon

Heathmont Uniting Church - Lego Morning. Tuesday 20th September 9:30-11:30am $5.00

OSHClub News
Before School / After School Care Program

Parent Information

OSHC program phone: 0413 242 876
Coordinator: Sue Naylor
Assistants: Lael Stubbs, Di Lerm
OSHClub Head Office: 03 85649000

Accounts Manager: Ambika Sivan (can be contacted through the OSHClub Head office number.)
All families must be enrolled to attend the program, remember this is Free!! Please create an account online at www.oshclub.com.au all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.
Recently I spoke at a school in Melbourne about the challenges of parenting in the digital age. It was a great night with a very enthusiastic crowd. I thought I'd share some key messages with the ParentingIdeas community.

If every generation of parents had its own new or unique challenges then it's safe to say that the ever-evolving challenge shared by the current generation of parents centres around technology - their children's use and their own use.

The communication technology now available to all of us is constantly being updated. Every innovation in technology presents a new set of challenges for parents. Yesterday's schoolyard bullying is today's cyberbullying!

Frequently I hear parents talk about children's use of technology as if the technology is a problem. However, technology is the content or background in which we must raise our kids to be safe, social and savvy. The bigger question we need to ask is: "What is good parenting in the digital age?"

Our job is to educate kids about technology - helping them be safe, smart and balanced users - so we need some guidelines to follow. Every parent needs to set their own guidelines suitable to their own situation.

Here are some ideas to help:

1. Be a good role model
   It's well established now that children will copy many of their parents' behaviours. Our behaviours and habits now extend to our use of communication technology, which is a good thing as we've got the chance to model smart, balanced technology habits. This means we need to be mindful of how often we have mobile devices in our hands when we are around kids. It means we need to take care that we don't use technology as an emotional pacifier when we feel stressed or under pressure. Model face-to-face communication and healthy ways to manage your stress levels so kids can learn these techniques too.

2. Differentiate between uses
   One use doesn't fit all. Digital technology has three purposes - communication, education and entertainment. Gender plays a part here with girls watching digital technology more for communication and boys using digital devices more for entertainment. As a parent we need to be aware how our kids are using technology, which will influence how we respond to them.

3. Think about expectations and rules for your kids in the digital world
   You wouldn't drop your kids off for the day in the middle of the city and say, "Have fun. Stay safe!" Yet we often do the equivalent to our kids with technology. Most digital devices are set up for adults so when you introduce a piece of technology think carefully about its use and expectations before handing it over to your kids. Where possible and practical use restrictions under settings when you give a device to a child. Place your own restrictions around use and timing when kids use devices, rewarding responsible use with greater freedom.
For instance, you should take a different approach to a child who spends all his time after school playing Minecraft to one who spends significant time online for educational purposes. Nuance your approach according to the children's technology use.

Create social media mantras and scripts to keep kids safe. Parents have always found ways to frame messages for children so that they rattle around inside their heads when parents aren't around. "Don't speak to strangers" still reverberates with me decades after my mother first drilled it in to me. She also gave me the scripts to use with strangers if ever I got lost, or found myself in trouble. So what scripting are you introducing to your child to keep them safe and also make them think about smart use while online? These include such mantras as "It worth putting?", "Take a deep breath before hitting the send or post button." "Do you want the principal to see this post?"

Create tech-free zones and times. Knowing when to cut off or leave technology is just as important as knowing when to use it appropriately. One way to teach appropriateness of technology use is to introduce tech-free zones and tech-free times into your family. For instance, dinner tables and mealtimes should be kept technology free to encourage in the moment face-to-face conversations. Bedrooms should be tech free particularly at night to encourage children to get a good night's sleep.

The family that plays together learns together. Technology can bring us together or keep us apart. I recently saw a mother and her young son walking down a busy street both with their faces in mobile devices, only glancing up occasionally from their screens to make sure they didn't bump into others. Although physically close, mentally they were worlds apart. On the other hand, a well-chosen game can easily connect parents with their kids. Choose games and activities that bring you together and provide opportunities to teach kids about sportsmanship and etiquette.

Media and digital devices are an integral part of our world today, presenting opportunities and challenges for parents and children. It's part of the parenting job to help kids access digital media safely and sensibly, which involves setting limits and boundaries. I now how kids are using technology and encouraging them to consciously engage with technology while at the same time ensuring they connect with others, learn and keep themselves entertained away from technology as well.