

TINTERNVALE PRIMARY SCHOOL CANTEEN LIST 2021

WEDNESDAYS AND FRIDAYS ONLY

SANDWICHES & WRAPS	Price	HOT FOOD FILLERS	Price
(white/wholemeal/gluten free)		Tomato Sauce Portion	\$ 0.20
		Soy Sauce	\$ 0.20
Toasted EXTRA	\$ 0.30	Steamed Dim Sim	\$ 1.00
		Mamee Noodles (Chicken/Beef)	\$ 2.00
Vegemite	\$ 2.50	5 Chicken Goujons	\$ 3.00
Cheese	\$ 3.00	5 Chicken Nuggets	\$ 3.50
Cheese & Vegemite	\$ 3.50	Pie	\$ 4.00
Cheese & Tomato	\$ 3.60	5 Chicken Nuggets (GF)	\$ 4.00
Cheese & Ham	\$ 3.80	Macaroni Cheese	\$ 4.00
Egg OR Curried Egg	\$ 4.00	Spaghetti Bolognese	\$ 4.00
Egg, Letuce & Mayo	\$ 4.50	6 Goujons & 6 Potato Gems	\$ 4.30
Salad (Lettuce, Tomato, Cheese.	\$ 6.00	Vegetarian Rice (GF)	\$ 4.30
Beetroot, Carrot & Cucumber)		Beef Lasagne (GF)	\$ 4.30
SALAD TUB		Pie (GF)	\$ 4.50
(Lettuce, Tomato, Carrot, Cheese,		Pizza Panini	\$ 4.50
Cucumber, Beetroot, Capsicum)			
Small	\$ 3.50	<u>AVAILABLE WEDNESDAYS ONLY</u>	
Large	\$ 6.00	Chicken Snitzel	\$ 5.00
Mayo	\$ 0.30	Chicken Neopolitan Pasta	\$ 4.00
Boiled Egg	\$ 1.00	<u>AVAILABLE FRIDAYS ONLY</u>	
Chicken/Ham/Tuna	\$ 1.50	Hot Dog	\$ 3.00
<u>MUNCHIE SNACKS</u>		<u>COOL ME DOWN</u>	
Popcorn	\$ 0.30	Zooper Dooper	\$ 0.50
Cheese, Carrot & Cucumber Pack	\$ 0.50	Water	\$ 1.00
Weetbix Slice	\$ 0.50	Juice (Apple/ABC/Orange/Tropical)	\$ 1.00
Cheese on Toast	\$ 0.50	Icytwist	\$ 1.10
Anzac OR Choc Chip Cookie	\$ 0.50	Mini Collipo	\$ 1.10
Frozen Fruit	\$ 0.50	Moosie	\$ 1.50
(Pineapple/Watermelon)		Icecream Tub	\$ 1.50
Slinky Apple	\$ 1.00	Paddlepop (Rainbow/Chocolate)	\$ 1.60
Chips (Honey Soy, Sea Salt	\$ 1.00	Milk (Chocolate/Strawberry - 250ml)	\$ 2.00
& Salt & Vinegar)		Slushy	\$ 2.00
Berry Yoghurt Cup	\$ 1.20		
LUNCHBAG WALLETS (available from	\$ 10.50	MENU IS IN ACCORDANCE WITH	
the Office)		GO FOR YOUR LIFE VICTORIAN	
		HEALTHY PROGRAM GUIDELINES	
GF = Gluten Free			